



Cold homes affect your health

Let's develop local solutions for this winter together!

- Are you, or anyone else in your home, living with a long-term health condition? (e.g. heart condition, high blood pressure, breathing problems, diabetes, mental health, arthritis)
- Do you live in Thames View/Riverside?

What is the problem?

We are living in a time when people are struggling to keep their homes warm, and this is affecting people's physical and mental health. It is really hard to get help right now due to the high demand on local services.

What can we do?

We want to work together to create local solutions that work for people who live in Thames View and Riverside. We want to come up with some ideas and try these out over the winter, between September 2023 - March 2024

Why should you take part?

You will be creating something that will benefit you and your community.

What happens when I take part?

We want to hear about your experiences. Together, we will come up with ideas which will be tested locally. We will have 4 meetings throughout July & August 2023 and lunch will be included. You will also receive a £50 voucher at the end for taking part.

If you would like to get involved, or want to ask any questions about this, you can:

Email Rahela on:
rahela.begum@carecity.org

Call/Text Julie for a call back:
07872 502315

